

Atlantis Medicare Limited

Lyndhurst Residential Care Home

Inspection report

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Manchester
Greater Manchester
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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Lyndhurst Residential Care Home is a care home and at the time of the inspection was providing personal care to 30 people aged 60 and over. The service can support up to 42 people.

On the day of the inspection there were strict rules in place throughout England relating to social restrictions and shielding practices. These were commonly known as the 'New National Restrictions'. This meant the Covid-19 alert level was very high and there were tighter restrictions in place affecting the whole community.

We found the following examples of good practice:

Staff, management and visitors were using personal protective equipment (PPE) correctly and there were procedures in place around the use of PPE. Some aspects of the disposal of PPE needed to be looked at and we saw that by the end of the inspection, improvements had been made in this area.

The provider and registered manager had processes to minimise the risk to people, staff and visitors from catching and spreading infection. These included weekly testing of staff and at least every 28 days for people living in the home. Hand sanitiser and PPE were available throughout the home. There were signs to remind staff, visitors and people about the use of PPE, the importance of washing hands and regular use of hand sanitisers.

Processes when visitors entered the home needed to be improved. This was to ensure appropriate measures were in place to prevent people bringing infection into the home. During the inspection, the registered manager implemented additional measures and amended policy in this important area of infection prevention.

Where appropriate, 'socially-distanced' visits had been taking place. At the inspection however, and consistent with enhanced restrictions in the event of infection outbreaks, these visits had been restricted and were only allowed in exceptional circumstances.

Visiting rules and process were communicated effectively to people using the service and their relatives. At the time of the inspection, the provider was in the process of making alterations to the premises to facilitate safe visiting with relatives and friends. We saw the extent of the alterations and the proposals seemed a suitable way of allowing people to see their loved ones when guidance and legislation permitted.

Infection control policy and people's risk assessments had been considered and revised following the pandemic so that people were protected in the event of becoming unwell or in the event of a Covid-19 outbreak in the home. This did however require to be documented clearly so that people, staff and relatives could access the document as a point of reference and a definitive guide. The registered manager forwarded a revised document outlining the changes to policy after the inspection.

The registered manager insisted people were tested before admission and consistent with local guidance, people were not being admitted to the home at the time of the inspection. This will be reviewed as appropriate and in line with any changes in restrictions. We were satisfied the service, staff, people and visitors were following the rules.

People's mental wellbeing had been promoted by use of social media and mobile devices so people could contact their relatives and friends. Staff had knowledge of good practice guidance and had attended specific training. The records around this needed to be documented to assist the registered manager and provider in establishing whose training needed updating.

There were sufficient staff to provide continuity of support and ensure safeguards were in place should there be a staff shortage.

The home was clean and hygienic. Designated cleaners were working throughout the inspection.

Most staff had received Covid-19 related supervision and all had access to appropriate support to manage their wellbeing should it be required.

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

People were Safe. We were assured the provider managed infection prevention and control at the time of the inspection.

Inspected but not rated

Lyndhurst Residential Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 1 December 2020 and was announced. It was announced because the home had had an outbreak of Covid-19 and checks were made at the service before inspection to ensure it was safe to proceed.

Is the service safe?

Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure any infection outbreaks could be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to develop their approach.